



## Join Us

The Council is looking to grow our membership by adding a diverse group of voices. We know and appreciate the energy and time it takes to volunteer, which is why our time commitments begin at just one hour a month. We have a variety of volunteer opportunities available.

The Council meets on the third Tuesday of the month from 6:00pm to 8:00pm. Most meetings are held via Zoom with the option to attend quarterly meetings in person on the UCSF Mission Bay Campus. We meet nine times a year with breaks in July, November, and December. All members are welcome to participate on various task force groups, parent panels, and subcommittees.



## What We Do

Think of us as consultants to the ICN, providing the family perspective to the ICN staff. The ICN staff also works with the Council to ensure the goals of UCSF align with the goals of the committee.

### Examples of our projects:

- Developed orientation and education materials for parents
- Created an inspirational video project on the unit to share patient stories and give current parents a glimpse of children just like theirs experiencing a joyful future.
- Co-host the annual ICN Reunion



### Jillian Brooke

Birth weight: 1 lb. 9 oz., 11" long  
Gestational age: 27 weeks & 5 days  
Condition: Twin to Twin Transfusion Syndrome  
(Recipient Twin)  
Hospital stay: 58 days

## Membership Types

Below we have outlined the differences between membership levels. All members will need to submit an application, complete the on-boarding process through UCSF Volunteer Services and attend a one-hour orientation via Zoom.

### Full Member

[approximately three hours per month]

Full Members are asked to attend at least six out of the nine meetings we host each calendar year. Full Members may hold office or leadership roles. Additionally, Full Members are asked to contribute online via Slack, respond to emails and contribute time online between meetings to meet Council goals and deadlines.

### Digital Consultant

[as little as one hour per month]

Digital Consultants provide most of their input via Slack or email. We ask that these members attend at least one meeting per year, however there is no need to attend in person.

If you would like to find out more please email [ucsficnpgfac@gmail.com](mailto:ucsficnpgfac@gmail.com) or scan the QR code below.

